



59TH ARMY ATHLETICS CHAMPIONSHIPS - 2024

FINAL RESULTS



22nd, 23rd March 2024 at Mahinda Rajapaksa Stadium - Diyagama
& 31st March 2024 at Sugathadasa Stadium - Colombo

ORGANIZED BY SRI LANKA ARMY ATHLETICS





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Records

New Sri Lanka Records : 02

1	4x200M Relay	Men	1:22.93 Sec	S/165882	S/165882 Bdr Pabasara Niku	GDKK	SLA
				S/165302	S/165302 Bdr Kodikara	PMPL	SLA
				S/165809	S/165809 L/Bdr Safan	ASM	SLA
				S/165033	S/165033 S/Sgt Dharshana	SA	SLA
2	Pole Vault	Men	5.17 M	S/ M102132	Cfm Puvitharan	K	SLEME

Army Athletics Records : 02

1	4x200M Relay	Men	1:22.93 Sec	S/165882	S/165882 Bdr Pabasara Niku	GDKK	SLA
				S/165302	S/165302 Bdr Kodikara	PMPL	SLA
				S/165809	S/165809 L/Bdr Safan	ASM	SLA
				S/165033	S/165033 S/Sgt Dharshana	SA	SLA
2	Pole Vault	Men	5.17 M	S/ M102132	Cfm Puvitharan	K	SLEME

New Meet Records : 13

Men : 07

1	100M	Men	10.42 Sec	S/ M101727	Cfm Yodasinghe	YCM	SLEME
2	200m	Men	20.45 Sec	S/165033	S/Sgt Dharshana	SA	SLA
3	400M	Men	45.30 Sec	S/165033	S/Sgt Dharshana	SA	SLA
4	3000M St Che	Men	8:56.74 Min	S/680152	Cpl Herath	HMEUB	SLCMP
5	Pole Vault	Men					
6	4x200M Relay	Men	1:22.93 Sec			SLA Team	
7	4X400M	Men	3:06.86 Min	S/ M101669	S/ M101669 Sgt Rajakaruna	RMRN	SLEME
				S/ M101728	S/ M101728 L/Cpl Deshan	HVD	SLEME
				S/ M101711	S/ M101711 L/Cpl Lakshan	RPI	SLEME
				S/ M100032	S/ M100032 WO II Kumarage	HKK	SLEME

Women : 06

1	400M	Women	53.22 Sec	S/R101648	S/Sgt Nadeesha	R	SLAWC
2	10000M	Women	35:01.91Min	S/R102798	Pte Wijesooriya	WAMR	SLAWC
3	4x100M	Women	47.27 Sec	S/287004	Sgm (W) Muthukumara	TA	SLSC
				S/101465	Sgm (W) Shafiya	MYF	SLSC
				S/C101279	Sgm (W) Abayarathna	APMSK	SLSC
				S/C101420	L/Cpl De Silva	DTA	SLSC
4	4X800M Relay	Women	9:20.70 Min	S/R101648	S/Sgt Nadeesha	R	SLAWC
				S/R102802	Pte Dilrukshi	HMM	SLAWC
				S/R102794	Pte Edirisooriya	WAKVB	SLAWC
				S/R102798	Pte Wijesooriya	WAMR	SLAWC
5	4X1500M Relay	Women	19:33.19 Min	S/R102802	Pte Dilrukshi	HMM	SLAWC
				S/R100676	L/Cpl Liyanage	LNSD	SLAWC
				S/R100426	L/Cpl Bandara	ASN	SLAWC
				S/R102798	Pte Wijesooriya	WAMR	SLAWC
6	Heptathlon	Women	4426 Points	S/R100061	Sgt Sugandhi	WVL	SLAWC



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Total Points - Men

Regiment	Place	Points
SLEME	1	277
SLA	2	251
SLASC	3	130
SLLI	4	104
GW	5	82
VIR	6	19
GR	7	18
SLNG	8	17
SLSR	9	15
SLSC	10	10
SLCMP	10	10
SLAGSC	12	4
SLE	13	3

Total Points - Women

Unit	Place	Points
SLAWC	1	348
SLAGSC (W)	2	174
SLSC (W)	3	162
SLASC (W)	4	102
SLE (W)	5	6



LIST OF TROPHIES

1. Inter Regiment Challenge Trophy for Field Event **Women**
123 Points – SLAWC
2. Inter Regiment Challenge Trophy for Field Event **Men**
90 Points – SLEME
3. Inter Regiment Challenge Trophy for Track Event **Women**
98 Points – SLAWC
4. Inter Regiment Challenge Trophy for Track Event **Men**
83 Points – SLEME
5. Inter Regiment Challenge Trophy for Relays **Women**
90 Points – SLAWC
6. Inter Regiment Challenge Trophy for Relays **Men**
62 Points – SLA
7. Inter Regiment Challenge Trophy for **Overall Runner up Regiment - Women**
174 Points – SLAGSC
8. Inter Regiment Challenge Trophy for **Overall Runner up Regiment – Men**
251 Points – SLA
9. Inter Regiment Challenge Trophy for most **outstanding performance Women**
400M Women 53.22 Sec, S/R101648 S/Sgt Nadeesha R, SLAWC (*NMR)
10. Inter Regiment Challenge Trophy for most **outstanding performance Men**
400M Men 45.30 Sec, S/165033 S/Sgt Darshan A, SLA (*NMR)
11. Inter Regiment Challenge Trophy for **Overall Championships - Women**
348 Points – SLAWC
12. . Inter Regiment Challenge Trophy for **Overall Championships – Men**
277 Points – SLAEME



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Final Result

Final Results - Men

Event No		318		100m		Men	Final	
Place	BIB	Regiment No	Rank	Athlete Name	Regiment	Performance	Remarks	
1	521	S/ M101727	Cfm	Yodasinghe YCM	SLEME	10.57	w-0.5 (*NMR10.42 ht)	
2	437	S/582047	L/Cpl	Darmakirthi BBCS	SLASC	10.58		
3	444	S/582144	Pte	Chathuranga RPKM	SLASC	10.63		
4	530	S/ M102131	Cfm	Pumal FDS	SLEME	10.66		
5	299	S/437301	Pte	Gamlath DPH	GW	10.67		
5	110	S/166231	Gnr	Senanayaka SDN	SLA	10.67		
7	110	S/166231	Gnr	Senanayaka SDN	SLA	10.83		

Event No		213		200m		Men	Final	
Place	BIB	Regiment No	Rank	Athlete Name	Regiment	Performance	Remarks	
1	111	S/165033	S/Sgt	Dharshana SA	SLA	20.45	* NMR w-0.2	
2	484	S/ M100032	WO II	Kumarage HKK	SLEME	20.59	* BPR	
3	108	S/165809	L/Bdr	Safan ASM	SLA	20.96		
4	112	S/165882	Bdr	Pabasara Niku GDKK	SLA	21.22		
5	285	S/429731	L/Cpl	Premakumara MGA	GW	21.55		
6	507	S/ M101728	L/Cpl	Deshan HVD	SLEME	21.63		
7	444	S/582144	Pte	Chathuranga RPKM	SLASC	21.79		
8	506	S/ M101711	L/Cpl	Lakshan RPI	SLEME	22.10		

Event No		316		400m		Men	Final	
Place	BIB	Regiment No	Rank	Athlete Name	Regiment	Performance	Remarks	
1	111	S/165033	S/Sgt	Dharshana SA	SLA	45.30	* NMR	
2	484	S/ M100032	WO II	Kumarage HKK	SLEME	45.35	* BPR	
3	485	S/ M101669	Sgt	Rajakaruna RMRN	SLEME	46.61		
4	453	S/K101358	Pte	Karunaratna DMHS	SLASC	46.82		
5	112	S/165882	Bdr	Pabasara Niku GDKK	SLA	47.44		
6	459	S/K101417	Pte	Weerasinghe NHPBM	SLASC	48.40		
7	204	S/D102691	L/Cpl	Madushan HDR	SLLI	49.21		
8	205	S/D102101	Infman	Jayalal HKMS	SLLI	49.90		



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Event No		800m			Men	Final	
Place	BIB	Regiment No	Rank	Athlete Name	Regiment	Performance	Remarks
1	453	S/K101358	Pte	Karunarathna DMHS	SLASC	1:50.22	
2	519	S/ M101714	Cfm	Aravindan C	SLEME	1:51.02	
3	523	S/ M101735	Cfm	Athathnayaka AMSP	SLEME	1:51.22	
4	533	S/ M102133	Cfm	Sirnath SM	SLEME	1:51.24	
5	283	S/432592	Cpl	Chathuranga GR	GW	1:51.74	
6	116	S/166522	Gnr	Thennakon WMTG	SLA	1:52.01	
7	257	S/E100646	L/Cpl	Kumara HMS	SLSR	1:52.83	
8	208	S/D102125	Infman	Kumara HG	SLLI	1:55.44	

Event No		1500m			Men	Final	
Place	BIB	Regiment No	Rank	Athlete Name	Regiment	Performance	Remarks
1	283	S/432592	Cpl	Chathuranga GR	GW	3:50.09	
2	210	S/D102830	L/Cpl	Vakson V	SLLI	3:50.92	
3	516	S/ M101691	Cfm	Nifras RM	SLEME	3:51.80	
4	554	S/O103588	Pte	Wimalasiri RDBN	SLAGSC	3:53.14	
5	504	S/ M101195	L/Cpl	Chandradasan S	SLEME	3:53.35	
6	118	S/A100473	L/Bdr	Wijesingha KDNC	SLA	3:53.81	
7	119	S/164958	L/Bdr	Gunarathna TMLC	SLA	3:56.81	
8	209	S/324266	Cpl	Saman Kumara Franando W	SLLI	3:58.43	

Event No		5000m			Men	Final	
Place	BIB	Regiment No	Rank	Athlete Name	Regiment	Performance	Remarks
1	210	S/D102830	L/Cpl	Vakson V	SLLI	14:43.28	
2	213	S/D102682	Infman	Prasan JK	SLLI	14:44.72	
3	122	S/A100462	Bdr	Shanmugeswaren K	SLA	14:50.94	
4	121	S/5A02987	S/Sgt	Pushpakumara RMS	SLA	14:51.32	
5	510	S/ M100927	Cfm	Gunasekara HDSD	SLEME	14:57.39	
6	296	S/F100700	L/Cpl	Sarath Kumara KHMS	GW	14:57.72	
7	123	S/164705	L/Bdr	Alwis ABN	SLA	15:15.63	
8	101	S/110738	Cpl	Kumara WVMU	SLAC	15:17.08	



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Event No 301			10000m		Men	Final	
Place	BIB	Regiment No	Rank	Athlete Name	Regiment	Performance	Remarks
1	121	S/5A02987	S/Sgt	Pushpakumara RMS	SLA	31:03.25	
2	122	S/A100462	Bdr	Shanmugeswaren K	SLA	31:04.50	
3	510	S/ M100927	Cfm	Gunasekara HDSD	SLEME	31:06.23	
4	512	S/ M101670	Cfm	Madusanka GKD	SLEME	31:07.69	
5	296	S/F100700	L/Cpl	Sarath Kumara KHMS	GW	31:21.15	
6	215	S/D100885	Infman	Karunarathna IP	SLLI	31:57.17	
7	509	S/ 633428	Cfm	Roshan S	SLEME	31:59.77	
	213	S/D102682	Infman	Prasan JK	SLLI	DQ	

Event No 306			110m Hurdles		Men	Final	
Place	BIB	Regiment No	Rank	Athlete Name	Regiment	Performance	Remarks
1	489	S/ M101708	Cpl	Ranathunga RRD	SLEME	14.31	-0.1
2	432	S/581534	L/Cpl	Ariyarathna KDD	SLASC	14.58	
3	126	S/166096	L/Bdr	Dhananjaya SPD	SLA	14.64	
4	448	S/K101351	Pte	Jayasekara JMCN	SLASC	14.74	
5	127	S/2136525	Rec	Perera KRS	SLA	14.94	
6	555	S/O103792	Pte	Nasik ANM	SLAGSC	14.99	
7	125	S/A100012	L/Bdr	Hasithakumara EGE	SLA	15.24	
	515	S/ M101690	Cfm	Asan MIM	SLEME	DNF	

Event No 217			400m Hurdles		Men	Final	
Place	BIB	Regiment No	Rank	Athlete Name	Regiment	Performance	Remarks
1	459	S/K101417	Pte	Weerasinghe NHPBM	SLASC	52.91	
2	305	S/2110011	Rec	Punsara MRAC	GW	53.35	
3	537	S/ 2135892	Rec	Ariyawansa TOV	SLEME	53.47	
4	505	S/ M101627	L/Cpl	Rathnasena ALAT	SLEME	53.50	
5	217	S/D100882	L/Cpl	Prasanjith JL	SLLI	53.73	
6	128	S/164447	L/Bdr	Banneheka BMLD	SLA	54.59	
7	247	S/381344	L/Cpl	Viduranga NDK	SLSR	55.49	
	517	S/ M101692	Cfm	Naushad BM	SLEME	DQ	



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Event No		3000m Steeple Chase			Men	Final	
Place	BIB	Regiment No	Rank	Athlete Name	Regiment	Performance	Remarks
1	544	S/680152	Cpl	Herath HMEUB	SLCMP	8:56.74	* NMR
2	119	S/164958	L/Bdr	Gunarathna TMLC	SLA	9:00.61	* BPR
3	244	S/369404	Sgt	Karunaratna Banda HMS	SLSR	9:19.16	
4	296	S/F100700	L/Cpl	Sarath Kumara KHMS	GW	9:20.40	
5	123	S/164705	L/Bdr	Alwis ABN	SLA	9:27.27	
6	407	S/Q109190	Pte	Samarasingha MATD	SLNG	9:35.60	
7	297	S/F100627	L/Cpl	Prasanna Kumara SHA	GW	9:39.72	
8	525	S/ M101748	Cfm	Dilshan SMVS	SLEME	9:43.27	

Event No		High Jump			Men	Final	
Place	BIB	Regiment No	Rank	Athlete Name	Regiment	Performance	Remarks
1	223	S/D100798	L/Cpl	Kumara BRIU	SLLI	2.11	
2	135	S/166520	Gnr	Dulmin SR	SLA	2.09	
3	134	S/165301	L/Bdr	Dasun SAT	SLA	2.06	
4	489	S/ M101708	Cpl	Ranathunga RRD	SLEME	2.06	
5	529	S/ M102129	Cfm	Fernando SNSP	SLEME	2.06	
6	133	S/A100154	L/Bdr	Srimal RAMR	SLA	2.03	
6	224	S/D102828	Infman	Fernando PST	SLLI	2.03	
8	508	S/ M101738	L/Cpl	Mendis KCL	SLEME	2.03	

Event No		Pole Vault			Men	Final	
Place	BIB	Regiment No	Rank	Athlete Name	Regiment	Performance	Remarks
1	532	S/ M102132	Cfm	Puvitharan K	SLEME	5.17	* NSLR, * NAAR, * NMR
2	442	S/K100541	L/Cpl	Janith VHE	SLASC	4.80	
3	156	S/163799	L/Bdr	Gunasinga GPCR	SLA	4.50	
4	226	S/327497	Cpl	Priyantha Kumara TWM	SLLI	4.50	
5	406	S/Q106119	Pte	Murugaiya RP	SLNG	4.40	
5	490	S/ 2M01683	L/Cpl	Dinesh HDC	SLEME	4.40	
7	365	S/H102378	Infman	Sampath KHS	VIR	4.40	
8	136	S/163733	L/Bdr	Gayan MT	SLA	4.10	



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Event No 119			Long Jump		Men	Final	
Place	BIB	Regiment No	Rank	Athlete Name	Regiment	Performance	Remarks
1	189	S/284373	Cpl	Wimalasiri DAGIP	SLSC	7.56	,+0.9
2	140	S/164943	L/Bdr	Herath HBMYPB	SLA	7.55	-0.5
3	139	S/163420	L/Bdr	Sampath JHG	SLA	7.37	,+1.1
4	227	S/335550	Infman	Nuwinda WGS	SLLI	7.27	-1.6
5	141	S/2137043	Rec	Karunaratna KMKC	SLA	7.19	,+0.6
6	534	S/ M102134	Cfm	Abesekara WHHM	SLEME	7.12	,+0.8
7	314	S/484506	L/Cpl	Gunasiri SPSA	GR	7.01	-0.7
8	539	S/ 2136254	Rec	Yasiru KM	SLEME	6.97	,+0.8

Event No 222			Triple Jump		Men	Final	
Place	BIB	Regiment No	Rank	Athlete Name	Regiment	Performance	Remarks
1	456	S/K101364	Pte	Malshan KAP	SLASC	15.90	-0.9
2	522	S/ M101729	Cfm	Kumarasiri LC	SLEME	15.62	-1.9
3	539	S/ 2136254	Rec	Yasiru KM	SLEME	15.51	-10.8
4	487	S/ M100612	Cpl	Ahamed MNS	SLEME	15.42	-0.7
5	139	S/163420	L/Bdr	Sampath JHG	SLA	15.19	,0.6
6	447	S/K101046	Pte	Kumara YPSK	SLASC	15.01	-0.7
7	229	S/D102833	Infman	Wijesekara TGVA	SLLI	14.92	-0.8
8	427	S/581854	Cpl	Rathnayaka RMSD	SLASC	14.89	-0.9

Event No 314			Shot Put		Men	Final	
Place	BIB	Regiment No	Rank	Athlete Name	Regiment	Performance	Remarks
1	499	S/ M100943	L/Cpl	Jayawardhane RS	SLEME	14.89	
2	540	S/ 2136255	Rec	Mithumraj SK	SLEME	14.65	
3	146	S/2135768	Rec	Alwis WJR	SLA	14.53	
4	511	S/ M101158	Cfm	Delwita BD	SLEME	14.20	
5	144	S/12A02156	Bdr	Perera UPD	SLA	13.63	
6	324	S/G102715	Pte	Abesekara WSKAM	GR	13.46	
7	231	S/D102831	Infman	Pathirana NLPK	SLLI	13.27	
8	145	S/166090	Gnr	Mahaliyanage HD	SLA	13.25	



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Event No 204			Discuss Throw		Men	Final	
Place	BIB	Regiment No	Rank	Athlete Name	Regiment	Performance	Remarks
1	492	S/ M100015	L/Cpl	Disanayaka WDMS	SLEME	46.42	
2	540	S/ 2136255	Rec	Mithumraj SK	SLEME	44.82	
3	148	S/A100315	L/Bdr	Silva SDK	SLA	42.66	
4	497	S/ M100863	L/Cpl	Aasik ZTM	SLEME	41.90	
5	147	S/163815	L/Bdr	Bandula SPJT	SLA	40.78	
6	423	S/580225	Cpl	Suranga NJ	SLASC	39.85	
7	149	S/164803	L/Bdr	Bandara HMAS	SLA	39.30	
8	420	S/578626	Cpl	Jayasinha MIG	SLASC	38.35	

Event No 111			Hammer Throw		Men	Final	
Place	BIB	Regiment No	Rank	Athlete Name	Regiment	Performance	Remarks
1	149	S/164803	L/Bdr	Bandara HMAS	SLA	50.73	
2	279	S/430258	Cpl	Sisira Kumara MDR	GW	50.05	
3	422	S/578995	Cpl	Kumarasiri WGSR	SLASC	47.63	
4	154	S/166088	Gnr	Wickramasingha DSN	SLA	46.69	
5	284	S/425043	L/Cpl	Viraj Kumara LG	GW	44.84	
6	153	S/A100043	L/Bdr	Dharmasena KKDM	SLA	44.41	
7	169	S/242052	Sgt	Bogahawattha PMBCK	SLE	40.98	
8	538	S/ 2136252	Rec	Mathumidan KK	SLEME	39.63	

Event No 309			Javelin Throw		Men	Final	
Place	BIB	Regiment No	Rank	Athlete Name	Regiment	Performance	Remarks
1	488	S/ M101707	Cpl	Ransinghe RMSJ	SLEME	74.15	
2	524	S/ M101737	Cfm	Rathusan R	SLEME	71.13	
3	421	S/578696	Cpl	Ranasinha DS	SLASC	69.29	
4	234	S/D102977	Infman	Ranawaka RDPP	SLLI	68.33	
5	151	S/A100474	L/Bdr	Fernando WBRM	SLA	67.93	
6	429	S/K100049	Cpl	Premod KPH	SLASC	65.67	
7	233	S/D100734	Infman	Lakmal PAP	SLLI	64.57	
8	493	S/ M100575	L/Cpl	Roshan HFM	SLEME	64.29	



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Event No		10Km Race Walk			Men	Final	
Place	BIB	Regiment No	Rank	Athlete Name	Regiment	Performance	Remarks
1	336	S/523516	Cpl	Rukmal RMP	VIR	46:16.9	
2	435	S/581998	L/Cpl	Herath HMSR	SLASC	46:39.2	
3	312	S/G100939	L/Cpl	Fernando PHSL	GR	47:07.1	
4	291	S/433290	L/Cpl	Wimalasooriya YS	GW	47:12.6	
5	531	S/ M102127	Cfm	Narampanawa RGIN	SLEME	47:28.0	
6	130	S/163229	Bdr	Dunukara DMISS	SLA	48:09.4	
7	131	S/163139	L/Bdr	Fernando ULSS	SLA	48:35.6	
8	222	S/D102015	Infman	Rathnayake MNA	SLLI	49:21.9	

Event No		4x 100m		Men	Final	
Place	BIB	Regiment			Performance	Remarks
1	2	SLA			39.93	
2	16	SLEME			40.20	
3	7	GW			40.35	
4	5	SLLI			41.12	
5	8	GR			42.44	
6	9	VIR			43.19	
7	20	SLNG			43.36	
8	6	SLSR			43.54	

Event No		4x 200m		Men	Final	
Place	BIB	Regiment			Performance	Remarks
1	2	SLA			1:22.93	*NSLR(Pending) *AAR, *NMR
2	16	SLEME			1:23.02	*BPSLR(Pending)
3	7	GW			1:26.06	
4	15	SLASC			1:26.15	
5	5	SLLI			1:27.20	
6	8	GR			1:28.89	
7	6	SLSR			1:31.19	
8	9	VIR			1:32.11	



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Event No	321		4x 400m	Men	Final	
Place	Bib		Regiment		Performance	Remarks
1			SLEME		3:06.86	* NMR
2			SLASC		3:14.61	
3			GW		3:15.00	
4			SLLI		3:15.56	
-			SLA		3:17.27	
5			SLNG		3:19.82	
6			GR		3:20.07	
7			SLSR		3:21.13	

Event No			4x 800m	Men	Final	
Place	BIB		Regiment		Performance	Remarks
1	16		SLEME		7:31.4	
2	2		SLA		7:36.4	
3	15		SLASC		7:36.6	
4	5		SLLI		7:37.8	
5	6		SLSR		7:57.3	
6	20		SLNG		8:09.1	
7	9		VIR		8:09.5	
8	8		GR		8:17.6	

Event No			4x 1500m	Men	Final	
Place	BIB		Regiment		Performance	Remarks
1	5		SLLI		15:53.16	
2	16		SLEME		15:53.74	
3	2		SLA		16:13.58	
4	15		SLASC		16:39.01	
5	7		GW		16:40.31	
6	9		VIR		16:58.89	
7	6		SLSR		17:04.13	
8	1		SLAC		17:04.93	



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Event No	Medly Relay		Men	Final	
Place	BIB	Regiment		Performance	Remarks
1	2	SLA		1:52.19	
2	15	SLASC		1:54.13	
3	5	SLLI		1:55.35	
4	7	GW		1:57.07	
5	8	GR		1:58.67	
6	20	SLNG		2:00.72	
7	6	SLSR		2:02.79	
8	4	SLSC		2:04.15	

Event No	229		Decathlon		Men	Final	
Place	BIB	Regiment No	Rank	Athlete Name	Regiment	Performance	Remarks
1	515	S/ M101690	Cfm	Asan MIM	SLEME	6823	
2	502	S/ M101154	L/Cpl	Lakmal MMR	SLEME	6629	
3	486	S/ M100571	Cpl	Karunathilaka RAK	SLEME	6212	
4	156	S/163799	L/Bdr	Gunasinga GPCR	SLA	6141	
5	295	S/F100630	L/Cpl	Peramunae PRRL	GW	6030	
6	155	S/162104	L/Bdr	Samaraweera SPP	SLA	5759	
7	434	S/581919	L/Cpl	Chathuranga AWDH	SLASC	5658	
8	236	S/D100618	L/Cpl	Fernando TPD	SLLI	5584	

Event No	Tug of War 560 Kg		Men	Final	
Place	Regiment			Performance	Remarks
1	SLA			1	
2	SLLI			2	
3	GW			3	
4	SLEME			4	
5	VIR			5	
6	GR			6	

Event No	Tug of War 640 Kg		Men	Final	
Place	BIB	Regiment		Performance	Remarks
1		SLA		1	
2		SLEME		2	
3		SLNG		3	
4		SLLI		4	
5		SLE		5	
6		VIR		6	



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Final Results - Women

Event No		317		100m		Women	Final	
Place	BIB	Reg No	Rank	Athlete Name	Regiment	Performance	Remarks	
1	615	S/C101420	L/Cpl	De Silva DTA	SLSC (W)	11.86	,+0.9	
2	650	S/O104584	Pte	Jayamanna BIM	SLAGSC (W)	11.96		
3	621	S/101465	Sgm (W)	Shafiya MYF	SLSC (W)	12.00		
4	616	S/287004	Sgm (W)	Muthukumarana TA	SLSC (W)	12.11		
5	667	S/R100061	Sgt	Sugandhi WVL	SLAWC	12.17		
6	634	S/2136986	Rec	Ranasgalla HRDS	SLASC (W)	12.23		
7	658	S/2135722	Rec	Rathnayaka HMNK	SLAGSC (W)	12.58		
8	703	S/2022VFRD151349	Rec	Senanayake RK	SLAWC	12.76		

Event No		112		200m		Women	Final	
Place	BIB	Reg No	Rank	Athlete Name	Regiment	Performance	Remarks	
1	666	S/R101648	S/Sgt	Nadeesha R	SLAWC	24.25	-0.2	
2	621	S/101465	Sgm (W)	Shafiya MYF	SLSC (W)	24.52		
3	650	S/O104584	Pte	Jayamanna BIM	SLAGSC (W)	24.63		
4	637	S/2137078	Rec	Panduka GDSP	SLASC (W)	25.35		
5	616	S/287004	Sgm (W)	Muthukumarana TA	SLSC (W)	25.38		
6	658	S/2135722	Rec	Rathnayaka HMNK	SLAGSC (W)	25.93		
7	661	S/2136534	Rec	Edirisinhe KS	SLAGSC (W)	26.45		
8	640	S/2137093	Rec	Gayesha WVR	SLASC (W)	27.10		

Event No		315		400m		Women	Final	
Place	BIB	Reg No	Rank	Athlete Name	Regiment	Performance	Remarks	
1	666	S/R101648	S/Sgt	Nadeesha R	SLAWC	53.22	* NMR	
2	652	S/O104582	Pte	Lakshani KS	SLAGSC (W)	56.03		
3	637	S/2137078	Rec	Panduka GDSP	SLASC (W)	57.40		
4	629	S/2136980	Rec	Lakshani WGS	SLASC (W)	59.15		
5	661	S/2136534	Rec	Edirisinhe KS	SLAGSC (W)	59.60		
6	681	S/R101415	L/Cpl	Dulani GAS	SLAWC	1:00.21		



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Event No 210			800m		Women	Final	
Place	BIB	Reg No	Rank	Athlete Name	Regiment	Performance	Remarks
1	652	S/O104582	Pte	Lakshani KS	SLAGSC (W)	2:08.42	
2	696	S/R102802	Pte	Dilrukshi HMM	SLAWC	2:15.73	
3	629	S/2136980	Rec	Lakshani WGS	SLASC (W)	2:21.06	
4	663	S/2136804	Rec	Prangika KDC	SLAGSC (W)	2:26.07	
5	622	S/C101614	Sgm (W)	Sadareka HHD	SLSC (W)	2:48.49	
6	603	O/72174	2/Lt	Wmd Malindi	SLE (W)	2:50.93	
7	656	S/O103019	Pte	Jayashani GDB	SLAGSC (W)	2:52.71	

Event No 124			1500m		Women	Final	
Place	BIB	Reg No	Rank	Athlete Name	Regiment	Performance	Remarks
1	652	S/O104582	Pte	Lakshani KS	SLAGSC (W)	5:00.4	
2	613	S/287005	L/Cpl	Nidarshni WMN	SLSC (W)	5:01.8	
3	696	S/R102802	Pte	Dilrukshi HMM	SLAWC	5:02.0	
4	663	S/2136804	Rec	Prangika KDC	SLAGSC (W)	5:11.0	
5	617	S/287009	Sgm (W)	Sugathpala MGIKK	SLSC (W)	5:18.7	
6	641	S/2137094	Rec	Jayasekara YMRC	SLASC (W)	5:35.2	
7	627	S/C101613	Sgm (W)	Samarakoon PGND	SLSC (W)	5:43.3	
8	603	O/72174	2/Lt	Wmd Malindi	SLE (W)	5:56.3	

Event No 302			5000m		Women	Final	
Place	BIB	Reg No	Rank	Athlete Name	Regiment	Performance	Remarks
1	695	S/R102798	Pte	Wijesooriya WAMR	SLAWC	16:41.75	
2	646	S/O104580	L/Cpl	Herath HMCS	SLAGSC (W)	17:00.54	
3	613	S/287005	L/Cpl	Nidarshni WMN	SLSC (W)	17:27.77	
4	678	S/R100676	L/Cpl	Liyanage LNSD	SLAWC	17:52.64	
5	618	S/287540	Sgm (W)	Fernando HIS	SLSC (W)	18:28.23	
6	676	S/R100426	L/Cpl	Bandara ASN	SLAWC	18:59.06	
7	657	S/2135721	Rec	Sewwandi BWN	SLAGSC (W)	19:34.84	
8	662	S/2136642	Rec	Rasjanjali HKH	SLAGSC (W)	20:15.54	



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Event No 101			10000m		Women	Final	
Place	BIB	Reg No	Rank	Athlete Name	Regiment	Performance	Remarks
1	695	S/R102798	Pte	Wijesooriya WAMR	SLAWC	35:01.91	* NMR
2	678	S/R100676	L/Cpl	Liyanage LNSD	SLAWC	37:37.42	
3	618	S/287540	Sgm (W)	Fernando HIS	SLSC (W)	38:28.01	
4	617	S/287009	Sgm (W)	Sugathpala MGIKK	SLSC (W)	39:04.88	
5	657	S/2135721	Rec	Sewwandi BWN	SLAGSC (W)	41:43.46	
6	662	S/2136642	Rec	Rasjanjali HKH	SLAGSC (W)	43:31.90	
7	627	S/C101613	Sgm (W)	Samarakoon PGND	SLSC (W)	44:31.62	
8	673	S/R101199	Cpl	Buddika MG	SLAWC	45:10.73	
9	635	S/2137076	Rec	Siriwardana DMC	SLASC (W)	45:20.39	

Event No 307			100m Hurdles		Women	Final	
Place	BIB	Reg No	Rank	Athlete Name	Regiment	Performance	Remarks
1	667	S/R100061	Sgt	Sugandhi WVL	SLAWC	14.36	-0.6
2	690	S/R101623	Pte	Hapuarachchi HWM	SLAWC	14.47	
3	633	S/2136985	Rec	Nilmini MAB	SLASC (W)	14.97	
4	680	S/R101156	L/Cpl	Rajasinghe RAIS	SLAWC	15.14	
5	619	S/C101279	Sgm (W)	Abayarathna APMSK	SLSC (W)	16.00	
6	626	S/C101644	Sgm (W)	Apsara MADM	SLSC (W)	17.60	

Event No 216			400m Hurdles		Women	Final	
Place	BIB	Reg No	Rank	Athlete Name	Regiment	Performance	Remarks
1	619	S/C101279	Sgm (W)	Abayarathna APMSK	SLSC (W)	1:02.18	
2	637	S/2137078	Rec	Panduka GDSP	SLASC (W)	1:02.41	
3	681	S/R101415	L/Cpl	Dulani GAS	SLAWC	1:04.03	
4	632	S/2136984	Rec	Sanjana MNM	SLASC (W)	1:04.26	
5	630	S/2136981	Rec	Nethmini HSD	SLASC (W)	1:08.09	
6	659	S/2135723	Rec	Dissanayaka OGST	SLAGSC (W)	1:14.81	
7	626	S/C101644	Sgm (W)	Apsara MADM	SLSC (W)	1:16.07	



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Event No 205			3000m Steeple Chase		Women	Final	
Place	BIB	Reg No	Rank	Athlete Name	Regiment	Performance	Remarks
1	646	S/O104580	L/Cpl	Herath HMCS	SLAGSC (W)	10:37.93	
2	613	S/287005	L/Cpl	Nidarshni WMN	SLSC (W)	11:09.89	
3	676	S/R100426	L/Cpl	Bandara ASN	SLAWC	11:39.50	
4	657	S/2135721	Rec	Sewwandi BWN	SLAGSC (W)	12:19.24	
5	689	S/R101401	Pte	Damayanthi HWC	SLAWC	12:56.93	

Event No 209			High Jump		Women	Final	
Place	BIB	Reg No	Rank	Athlete Name	Regiment	Performance	Remarks
1	660	S/2136347	Rec	Gamage RP	SLAGSC (W)	1.65	
2	642	S/2137095	Rec	Fernando IAIM	SLASC (W)	1.59	
3	651	S/O104585	Pte	Dinushika GYT	SLAGSC (W)	1.55	
4	677	S/R100845	L/Cpl	Pranadu PNS	SLAWC	1.45	
5	612	S/2136840	Rec	Aberathna DPKWS	SLE (W)	1.45	
6	625	S/C101615	Sgm (W)	Mahagedara HBMVSDK	SLSC (W)	1.40	

Event No 313			Pole Vault		Women	Final	
Place	BIB	Reg No	Rank	Athlete Name	Regiment	Performance	Remarks
1	693	S/R102883	Pte	Perera MAS	SLAWC	3.20	
2	697	S/R102794	Pte	Kalpana JAN	SLAWC	2.80	

Event No 103			Long Jump		Women	Final	
Place	BIB	Reg No	Rank	Athlete Name	Regiment	Performance	Remarks
1	701	S/2021VFRD050919	Rec	Aberathne KKRN	SLAWC	5.86	
2	634	S/2136986	Rec	Ranasingh HRDS	SLASC (W)	5.79	
3	631	S/2136982	Rec	Arachchi ISW	SLASC (W)	5.54	
4	702	S/2022VFRD15135	Rec	Upeksha EMS	SLAWC	5.52	
5	648	S/O104559	Pte	Kavindya HM	SLAGSC (W)	5.42	
6	677	S/R100845	L/Cpl	Pranadu PNS	SLAWC	5.12	
7	649	S/O104560	Pte	Shashipaba PRN	SLAGSC (W)	4.60	
8	645	S/655739	Cpl	Jayasingha JACS	SLAMC (W)	3.79	



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Event No		218		Triple Jump		Women	Final	
Place	BIB	Reg No	Rank	Athlete Name	Regiment	Performance	Remarks	
1	702	S/2022VFRD15135	Rec	Upeksha EMS	SLAWC	12.47	,+0.5	
2	705	S/2017VFRD95168	Rec	Kooray VRH	SLAWC	12.45	,+1.2	
3	631	S/2136982	Rec	Arachchi ISW	SLASC (W)	12.22	-0.5	
4	701	S/2021VFRD050919	Rec	Aberathne KKRN	SLAWC	11.38	-1.7	
5	651	S/O104585	Pte	Dinushika GYT	SLAGSC (W)	10.17	,-1.0	

Event No		221		Shot Put		Women	Final	
Place	BIB	Reg No	Rank	Athlete Name	Regiment	Performance	Remarks	
1	692	S/R102805	Pte	Sandhunika KMT	SLAWC	10.58		
2	674	S/725721	L/Cpl	Dilrukashi HAM	SLAWC	10.50		
3	679	S/R100268	L/Cpl	Amarasinghe AWASM	SLAWC	9.62		
4	623	S/C101616	Sgm (W)	De Silva KNI	SLSC (W)	9.42		
5	624	S/288564	Sgm (W)	Jayawardana PKTS	SLSC (W)	8.45		
6	655	S/O103222	Pte	Wijegunaratne SMIS	SLAGSC (W)	7.03		
7	601	O/72435	2/Lt	Dm Abeysinghe SLE	SLE (W)	6.81		
8	654	S/O104285	Pte	Rasanajali JM	SLAGSC (W)	5.26		

Event No		118		Discuss Throw		Women	Final	
Place	BIB	Reg No	Rank	Athlete Name	Regiment	Performance	Remarks	
1	674	S/725721	L/Cpl	Dilrukashi HAM	SLAWC	41.30		
2	623	S/C101616	Sgm (W)	De Silva KNI	SLSC (W)	36.96		
3	624	S/288564	Sgm (W)	Jayawardana PKTS	SLSC (W)	33.80		
4	704	S/2022VFRD15141	Rec	Rathnayaka KMKH	SLAWC	33.67		
5	692	S/R102805	Pte	Sandhunika KMT	SLAWC	26.86		
6	664	S/2139618	Rec	Lakmali SC	SLAGSC (W)	24.14		
7	601	O/72435	2/Lt	Dm Abeysinghe SLE	SLE (W)	21.05		
8	608	S/B102095	Spr	Vimarshani LDD	SLE (W)	17.95		



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Event No 312			Hammer Throw		Women	Final	
Place	BIB	Reg No	Rank	Athlete Name	Regiment	Performance	Remarks
1	670	S/R100406	Cpl	Rathnasiri WSN	SLAWC	39.30	
2	679	S/R100268	L/Cpl	Amarasinghe AWASM	SLAWC	39.25	
3	623	S/C101616	Sgm (W)	De Silva KNI	SLSC (W)	23.99	
4	624	S/288564	Sgm (W)	Jayawardana PKTS	SLSC (W)	21.34	
5	704	S/2022VFRD15141	Rec	Rathnayaka KMKH	SLAWC	19.60	
6	655	S/O103222	Pte	Wijegunarahtne SMIS	SLAGSC (W)	16.80	
7	608	S/B102095	Spr	Vimarshani LDD	SLE (W)	14.91	
8	607	S/B102093	Spr	Abeyasinghe BAAH	SLE (W)	14.75	

Event No 303			Javelin Throw		Women	Final	
Place	BIB	Reg No	Rank	Athlete Name	Regiment	Performance	Remarks
1	665	S/R01429	S/Sgt	Lekamge LAND	SLAWC	54.38	
2	664	S/2139618	Rec	Lakmali SC	SLAGSC (W)	37.18	
3	638	S/2137079	Rec	Ekanayaka EMPGSH	SLASC (W)	34.25	
4	700	S/2136690	Rec	Jayasena BGP	SLAWC	34.03	
5	628	S/2137041	Sgm (W)	Jayasekara KAHLJT	SLSC (W)	32.54	
6	653	S/O104242	Pte	Rupasinhe HIS	SLAGSC (W)	21.83	
7	608	S/B102095	Spr	Vimarshani LDD	SLE (W)	15.36	
8	655	S/O103222	Pte	Wijegunarahtne SMIS	SLAGSC (W)	12.55	

Event No 202			10Km Race Walk		Women	Final	
Place	BIB	Reg No	Rank	Athlete Name	Regiment	Performance	Remarks
1	672	S/R100427	Cpl	Madirika UVK	SLAWC	50:27.9	
2	691	S/R102913	Pte	Gayani PB	SLAWC	51:43.5	
3	699	S/2136689	Rec	Abethissa KGGS	SLAWC	1:01.37.5	



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Event No	4x 100m		Women	Final	
Place		Regiment		Performance	Remarks
1	31	SLSC (W)		47.27	* NMR
2	35	SLAWC		47.63	
3	32	SLASC (W)		48.78	
4	34	SLAGSC (W)		48.95	

Event No	4x 200m		Women	Final	
Place	Bib	Regiment		Performance	Remarks
1	31	SLSC (W)		1:40.61	
2	35	SLAWC		1:40.85	
3	32	SLASC (W)		1:45.24	
4	34	SLAGSC (W)		1:46.07	
5	30	SLE (W)		2:23.78	

Event No	320		4x 400m	Women	Final	
Place	Bib		Regiment		Performance	Remarks
1			SLAWC		3:51.65	
2			SLAGSC (W)		3:55.14	
3			SLASC (W)		3:55.79	
4			SLSC (W)		4:08.70	

Event No	102		4x 800m	Women	Final	
Place			Regiment		Performance	Remarks
1			SLAWC		9:20.70	* NMR
2			SLAGSC (W)		9:26.71	
3			SLASC (W)		10:20.29	
4			SLSC (W)		10:28.04	



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Event No	110	4x1500M	Women	Final	
Place		Regiment		Performance	Remarks
1		SLAWC		19:33.19	* NMR
2		SLAGSC (W)		20:13.97	
3		SLSC (W)		22:05.64	
4		SLASC (W)		24:39.74	

Event No	112	Medly Relay	Women	Final	
Place		Regiment		Performance	Remarks
1		SLAWC		2:14.44	
2		SLAGSC (W)		2:15.20	
3		SLSC (W)		2:17.64	
4		SLASC (W)		2:19.71	

Event No	227	Heptathlon	Women	Final			
Place	BIB	Reg No	Rank	Athlete Name	Regiment	Performance	Remarks
1	667	S/R100061	Sgt	Sugandhi WVL	SLAWC	4426	* NMR
2	648	S/O104559	Pte	Kavindya HM	SLAGSC (W)	3386	
3	649	S/O104560	Pte	Shashipaba PRN	SLAGSC (W)	2073	

Event No	1	Tug of War 560 Kg	Women	Final	
Place	BIB	UNIT		Performance	Remarks
1		SLAWC		1	
2		SLAGSC (W)		2	
3		SLSC (W)		3	



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